

SAURASHTRA UNIVERSITY



CHOICE BASED CREDIT SYSTEM (CBCS) IN U.G. (ARTS) SYLLABUS

FOR

PSYCHOLOGY B.A. SEMESTER-I TO VI

1. CORE COURSE (CCT)
2. ELECTIVE COURSE (ECT)

[A draft of C.B.C.S. Courses in B.A. Psychology Submitted for Revision
of Curriculum to be executed from June, 2016]

BOARD OF STUDIES OF PSYCHOLOGY

Dr. Ranjitsinh G. Parmar
Chairman
Board of Studies
of
Psychology

SAURASHTRA UNIVERSITY

CHOICE BASED CREDIT SYSTEM (CBCS) IN U.G. (ARTS) SYLLABUS

FOR

PSYCHOLOGY

B.A. SEMESTER-I TO VI

CORE COURSE (CCT) AND ELECTIVE COURSE (ECT)

[IN FORCE FROM JUNE-2016]

Regular Students can B.A. Semester I, II, III, IV, V & VI for Psychology as B.A. Degree. There shall be 22 courses and 68 credits in Psychology.

- Allocation of Hours for Course Teaching... 3 Credits 100 marks
- Allocation of Hours for Practical..... 6 Credits 100 marks
- Regular Examination

[1] External Examination Marks 100 Marks
Short, Long Questions, Short Notes Marks

[2] For Practical Paper Marks 100 Marks
Report Writing 40 + Performance 20 + Journal 20 + Viva Voce 20 Marks

[3] જે પરીક્ષાર્થીએ સેમેસ્ટર-૫ અને ૬ માં પ્રેક્ટીકલ પરીક્ષા આપેલ નહીં હોય, તેની થિયરીની પરીક્ષા માન્ય ગણવામાં આવશે નહીં. (યુનિવર્સિટીના નિયમ R. Arts-14 મુજબ પરીક્ષાર્થીએ મનોવિજ્ઞાન પ્રેક્ટીકલ પરીક્ષામાં ૪૦ માર્ક્સ મેળવવા જરૂરી છે.

| | | |
|------|----------------------------|-------------|
| only | External Exam Student Exam | Time : 2/15 |
| | Section – I | |
| | Que. 1 to 5 | 14 Marks |
| | Section – II | |
| | Que. I & II | 15 Marks |
| | | 45 Minutes |

FACULTY OF ARTS

Syllabus

Subject: PSYCHOLOGY

Course (Paper) Name & No. 1 : Basic Psychological Processes –1

Course (Paper) Unique Code CORE 1601270101010101

Course (Paper) Unique Code ELECTIVE-1 1601270201010101

Course (Paper) Unique Code ELECTIVE-2 1601270301010101

External Exam Time Duration:

| Name of course | Semester | Core/Elective/ Allied/Practical /Project | Course/P aper code | Course/Paper Title | Credit | Internal Marks | External Marks | Total Exam Marks | External Exam Time Duration |
|----------------|----------|--|--------------------|----------------------------------|--------|----------------|----------------|------------------|-----------------------------|
| B.A. | I | Core | CCT-01 | Basic Psychological Processes –1 | 03 | 30 | 70 | 100 | |

Course Objectives:

This course should help Students:

1. The Course will familiarize students with the basic psychological process and studies relating to the factors which influence them. It will also focus come important application areas of Psychology.
2. Learn to use Psychology and other information sources.

Unit-1 : Historical Introduction to Psychology

- ~ Introduction
- ~ Historical Development of Psychology
- ~ What is Psychology ? New Definition, Nature, Scope
- ~ Goals and Utility of Psychology

Unit : 2 Method of Psychology

- ~ Observation Method
- ~ Experiment Method
- ~ Interview Method
- ~ Questionnaire Method

Unit : 3 Biological and Environmental Factor of Behaviour

- ~ Meaning and process of Heredity
- ~ Definition and Type of Environment
- ~ Heredity and Environment factors affect of each other "

Unit : 4 Attentions

- ~ Definition of Attention
- ~ Nature
- ~ Effecting Factors of Attention

Unit : 5 Perceptual Processes

- ~ meaning of Perception
- ~ Nature
- ~ Effecting Factors of Perception
- ~ Laws of Organization in Perception

Reference Book :

- ~ B. Kuppaswami – An Introduction to Psychology
- ~ सामान्य मनोविज्ञान – युनिवर्सिटी ग्रंथ निर्माणा बोर्ड, डी. सी. पी. लखनऊ
- ~ ;FDFgI DGMIJ7FG v VFUZF v H[@ 0L@ XDF"
- ~ General Psychology – Dvan Nostran Com. – J. P Filfourd
- ~ Elements – Rech Devid
- ~ psychology – Norman L. Munn
- ~ A Psychology Living – Sorenson & Molm
- ~ Basic Psychological Process-1, Dr. R. G. Parmar, Dr. C. B. Jadeja,
Dr. Jignesh Tapariya
- ~ Basic Psychological Process-1, Dr. J. A. Jarsaniya, Dr. Jayesh
Bhalala, Dr. R. K. Chocha

FACULTY OF ARTS

Syllabus

Subject: PSYCHOLOGY
Course (Paper) Name & No. 1 : Crime Psychology

Course (Paper) Unique Code CORE 1601270101010102
Course (Paper) Unique Code ELECTIVE-1 1601270201010102
Course (Paper) Unique Code ELECTIVE-2 1601270301010102

External Exam Time Duration:

| Name of course | Semester | Core/Elective/ Allied/Practical /Project | Course/P aper code | Course/Paper Title | Credit | Internal Marks | External Marks | Total Exam Marks | External Exam Time Duration |
|----------------|----------|--|--------------------------|-----------------------|--------|-------------------|-------------------|------------------------|--------------------------------------|
| B.A. | I | Elective | ECT-01 | Crime Psychology | 03 | 30 | 70 | 100 | |

Course Objectives:

This course should help Students:

1. This Course aim at providing conceptual foundation of human specially man if focuses in the life span in different domains with an emphasis on the cultural context and man problem.
2. Learn to use Psychology and other information sources.

Unit-1 : I Crime and Crime Psychology

- ~ Introduction
- ~ Meaning of Crime Psychology
- ~ Nature of Crime Psychology
- ~ Types of Crime Psychology
- ~ Scope of Crime Psychology

Unit : 2 Theory of Crime

- ~ Economical Theories
- ~ Political Theories
- ~ Sociological Theories
- ~ Psychological Theories

Unit : 3 Reason of Crime

- ~ Economic
- ~ Political
- ~ Sociological
- ~ Psychological

Unit : 4 Juvenile Crime

- ~ Introduction
- ~ Meaning of Juvenile Crime
- ~ Causes of Juvenile Crime
- [1] Social [2] Psychological [3] Economics

Unit : 5 Prevention of Crime

- ~ Introduction
- ~ Model of Crime Prevention

Reference Book :

- ~ Donahue P. The Human Animal. Woodward/White Inc. New York, 1985 p. 10020, Back to cited text No. 1
- ~ Psycho-Killers, inside the monsters mind, Outlook. Mehta V, Editor. New Delhi, Jan 2007. Back to cited text No. 2
- ~ Bartol CR. Criminal behavior : A Psychosocial approach : 5 thsub ed. Prentice Hall, Upper Saddle River : New Jersya, 07458. Back to cited text no. 3
- ~ Abramsen D. Who are the guilty. Green Wood Press : West Port CT: 1952 Back to cites text no. 6
- ~ Roche PQ. The Criminal Mind : A study of Communication between Criminal Law and Psychiatry. Grove Press : New York : 1958 Back to cited text no. 7
- ~ Crime Psychology with New Concept, 2010 Paradise Publishers, Jaipur
Dr. R. G. Parmar, Dr. Jignesh H. Tapariya
- ~ Psychology of Crime, 2009, Surya Prakashan, Kanpur. Dr. R. G. Parmar

FACULTY OF ARTS

Syllabus

Subject: PSYCHOLOGY

Course (Paper) Name & No. 2 : Child Psychology

Course (Paper) Unique Code CORE 1601270101010201

Course (Paper) Unique Code ELECTIVE-1 1601270201010201

Course (Paper) Unique Code ELECTIVE-2 1601270301010201

External Exam Time Duration:

| Name of course | Semester | Core/Elective/ Allied/Practical /Project | Course/P aper code | Course/Paper Title | Credit | Internal Marks | External Marks | Total Exam Marks | External Exam Time Duration |
|----------------|----------|--|--------------------------|-----------------------|--------|-------------------|-------------------|------------------------|--------------------------------------|
| B.A. | I | Core | CCT-02 | Child Psychology | 03 | 30 | 70 | 100 | |

Course Objectives:

1. This Course aim, at providing conceptual foundation of human development specially child development. It focuses on development in the life span in different domains with an emphasis on the cultural context and child problems.
2. Learn to use Psychology and other information sources.
3. Importance of Child Psychology

Unit-1: Introduction of Child Psychology

~ Introduction

~ Definition, and Nature of Child Psychology

~ Scope of Child Psychology

~ Importance of Child Psychology

Unit : 2 Method of Child Psychology

~ Observation

~ Event Note

~ Autobiography

Unit : 3 Growths and Development

~ Meaning of growth and development

~ Characteristics of growth and development

Unit : 4 Disciplines and Authority

~ Meaning of Discipline and Authority

~ Various nature of Home Authority

~ Characteristics of good Discipline

~ Characteristics of proper Punishment

Unit : 5 Conflicts and Frustration

~ Meaning of conflicts and Frustration

~ Reasons of conflicts and Frustration in Child

~ Remove of Frustration

Reference Book :

- ~ બાળ મનોવિજ્ઞાન – સી. જમનાદાસની કંપની – દિપક શાહ, ડૉ. બાલાજી, ડૉ. દેવણીયા, ડૉ. ચોચા
- ~ Dynamics of Child Development – H. B. English
- ~ Child Development – Crow & Crow
- ~ બાળ મનોવિજ્ઞાન – ગ્રંથ નિર્માણ બોર્ડ – સી. પી. પટેલ

FACULTY OF ARTS

Syllabus

Subject: PSYCHOLOGY
Course (Paper) Name & No. 1 : Adolescent Psychology

Course (Paper) Unique Code CORE 1601270101010202
Course (Paper) Unique Code ELECTIVE-1 1601270201010202
Course (Paper) Unique Code ELECTIVE-2 1601270301010202

External Exam Time Duration:

| Name of course | Semester | Core/Elective/ Allied/Practical /Project | Course/P aper code | Course/Paper Title | Credit | Internal Marks | External Marks | Total Exam Marks | External Exam Time Duration |
|----------------|----------|--|--------------------------|--------------------------|--------|-------------------|-------------------|------------------------|--------------------------------------|
| B.A. | I | Elective | ECT-02 | Adolescent Psychology | 03 | 30 | 70 | 100 | |

Course Objectives:

This course should help Students:

1. To aim part knowledge about the normality
2. To make student understand the nature and course of various adolescent conditions
3. To impart knowledge in skills needed for psychological assessment and different condition
4. Use to filed of adolescent Psychology

Course Outline :

Unit-1: Introduction to Adolescent Psychology

- ~ Introduction
- ~ Definition
- ~ Stage of Human Development
- ~ Subject Filed of Adolescent Psychology

Unit : 2 Method of Child Psychology

- ~ Physical
- ~ Mentally
- ~ Emotional
- ~ Social

Unit : 3 Personality Development

- ~ Meaning of Personality Development
- ~ Needs of Personality Development
- ~ Personality Characteristics of Adolescent

Unit : 4 Development of Aptitude, Attitude and Belief

- ~ Meaning of Discipline and Authority
- ~ Meaning of Aptitude
- ~ Nature of Aptitude
- ~ Development of Attitude and Belief

Unit : 5 Psychosexual Adjustment

- ~ Attitude of Sexuality
- ~ Attitude of Love – Attitude of Life Partner
- ~ Psychosocial Relation in Married

Reference Book :

- ~ Elizabeth Hurlock "Developmental Psychology" M. C. Graw Hill
- ~ Lawrence Fenk, "Developmental Psychology"
- ~ G.W. Allport, "Personality" M. C. Graw Hill, (1989)
- ~ Karl Garrison, "Development of Applied and Attitude Psychology"
- ~ Development Psychology – Pre Yogendra K. Desai
- ~ Dr. R.G. Parmar, Human Development & Adolescent Psychology,
Sau. University

FACULTY OF ARTS

Syllabus

Subject: PSYCHOLOGY

Course (Paper) Name & No. 3 : Basic Psychological Processes - II

Course (Paper) Unique Code CORE 1601270101020301
 Course (Paper) Unique Code ELECTIVE-1 1601270201020301
 Course (Paper) Unique Code ELECTIVE-2 1601270301020301

External Exam Time Duration:

| Name of course | Semester | Core/Elective/ Allied/Practical /Project | Course/P aper code | Course/Paper Title | Credit | Internal Marks | External Marks | Total Exam Marks | External Exam Time Duration |
|----------------|----------|--|--------------------|------------------------------------|--------|----------------|----------------|------------------|-----------------------------|
| B.A. | II | Core | CCT-03 | Basic Psychological Processes - II | 03 | 30 | 70 | 100 | |

Course Objectives:

This course should help Students:

1. The Course will familiarize students with the basic psychological process and studies relating to the factors which influence them. It will also focus come important application areas of Psychology.
2. Learn to use Psychology and other information sources.

Course Outline :

Unit-1 : Learning

- ~ Meaning and Nature of Learning
- ~ Theory of Learning : 1. Trial and Error, 2. Conditioning 3. Insight
- ~ Effective variable of Learning Process

Unit : 2 Memory

- ~ Meaning
- ~ Stages of Memory
- ~ Characteristics of Good Memory
- ~ Definition of Forgetting
- ~ Determinants or causes of forgetting

Unit : 3 Motivations

- ~ Definition
- ~ Nature
- ~ Types of Motivation

Unit : 4 Personality

- ~ What is Personality ?
- ~ Types of Personality
- ~ Factor affecting of Personality

Unit : 5 Mental health and Healthy Social Relations

- ~ Definition
- ~ Damaging Factors of Mental Health
- ~ Basic Principals of Human Relations
- ~ What type of people we like ?
- ~ What type of people we do not like ?

References :

- ~ B. Kuppaswami – An Introduction to Psychology
- ~ સામાન્ય મનોવિજ્ઞાન – યુનિવર્સિટી ગ્રંથ નિર્માણ બોર્ડ – ડૉ. સી. પી. ભટ્ટ
- ~ ;FDFgI DGMIJ7FG v VFUZF v H[@ 0L@ XDF"
- ~ સામાન્ય મનોવિજ્ઞાન – સી. જમનાદાસની કંપની – દીપક આર. શાહ, ડૉ. ચોચા, કુંભાણી,
ડૉ. ભાલાળા, ડૉ. જરસાણિયા, ડૉ. ગુજરાતી, ડૉ. સોલંકી
- ~ General Psychology – Dvan Nostram Com. – J.P. Gilfourd
- ~ Elements – Rech Devid
- ~ Psychology – Norman L. Munn
- ~ A Psychology Living – Sorenson & Molm
- ~ Basic Psychological Process-1, Dr. R. G. Parmar, Dr. C. B. Jadeja, Dr. Jignesh Tapariya
- ~ Basic Psychological Process-1, Dr. J. A. Jarsaniya, Dr. Jayesh Bhalala, Dr. R. K. Chocha

FACULTY OF ARTS

Syllabus

Subject: PSYCHOLOGY
Course (Paper) Name & No. 3 : Cognitive Psychology

Course (Paper) Unique Code CORE 1601270101020302
Course (Paper) Unique Code ELECTIVE-1 1601270201020302
Course (Paper) Unique Code ELECTIVE-2 1601270301020302

External Exam Time Duration:

| Name of course | Semester | Core/Elective/ Allied/Practical /Project | Course/P aper code | Course/Paper Title | Credit | Internal Marks | External Marks | Total Exam Marks | External Exam Time Duration |
|----------------|----------|--|--------------------|----------------------|--------|----------------|----------------|------------------|-----------------------------|
| B.A. | II | Elective | FCT-03 | Cognitive Psychology | 03 | 30 | 70 | 100 | |

Course Objectives:

This course should help Students:

1. The Course will familiarize students with the basic psychological process and studies relating to the factors which influence them. It will also focus come important application areas of Psychology.
2. Learn to use Psychology and other information sources.

Course Outline :

Unit-1 :

- ~ Definition and Nature
- ~ Scope & Methods
- ~ Important of Cognitive process
- ~ Theory of Cognitive Psychology

Unit : 2 Contemplation and Problem Solve

- ~ Definition, Nature types of Cognitive Lesson
- ~ Self Contemplation
- ~ Realest
- ~ Meaning, nature of problems solving
- ~ Method aim care of problem solving

Unit : 3 The Concept and Memory

- ~ Nature and Important of Concept
- ~ Type of Concept
- ~ Meaning and Steps of Memory
- ~ Type of Memory

Unit : 4 Creative and logic

- ~ Definition nature of Creative
- ~ Steps of Creativity
- ~ Meaning, nature of logic
- ~ Types of Logic

Unit : 5 Decision making process

- ~ Difference of Decision making
- ~ Self research in decision making
- ~ Bias and error in decision making

References :

- ~ Bear – M.F. Connors, B.W. Pardiso – Neuro Science
- ~ GFZFI6 XF:+L NFJ0 v EFZTLI DGMIJ7FG
- ~ ZFDS]DFZ ZFI v V;FDFgI DGMIJ7FG
- ~ ,1DL X]S,F v EFZTLI DGMIJ7FG
- ~ બોધાત્મક મનોવિજ્ઞાન – ડૉ. યોગેશ એ. જોગસણ, ડૉ. જયેશ એન. ભાલાળા, અક્ષર પબ્લીકેશન, અમદાવાદ

FACULTY OF ARTS

Syllabus

Subject: PSYCHOLOGY

Course (Paper) Name & No. 4 : Child Development Psychology

Course (Paper) Unique Code CORE 1601270101020401

Course (Paper) Unique Code ELECTIVE-1 1601270201020401

Course (Paper) Unique Code ELECTIVE-2 1601270301020401

External Exam Time Duration:

| Name of course | Semester | Core/Elective/ Allied/Practical /Project | Course/P aper code | Course/Paper Title | Credit | Internal Marks | External Marks | Total Exam Marks | External Exam Time Duration |
|----------------|----------|--|--------------------|------------------------------|--------|----------------|----------------|------------------|-----------------------------|
| B.A. | II | Core | CCT-04 | Child Development Psychology | 03 | 30 | 70 | 100 | |

Course Objectives:

This course should help Students:

1. This Course aim, at providing conceptual foundation of human development specially child development. It focuses on development in the life span in different domains with an emphasis on the cultural context and child problems.
2. Learn to use Psychology and other information sources.
3. Importance of Child Psychology

Course Outline :

Unit-1 Approaches of Child Psychology

- ~ Old Ideas about Child
- ~ Modern Ideas about Child
- ~ Important of Approaches in Child Psychology

Unit : 2 Psychological Aspects of Illness

- ~ Introduction
- ~ Types of Illness
- ~ Psychological Effects of Long Illness
- ~ Obligation of parents and Teacher to Illness and Physical Handicaps Child

Unit : 3 Physical Handicaps in Child

- ~ Types of Physical Handicaps
1. General Defect
 1. Nervous Systems
 2. Hormones
 3. Nourishment
 4. Crippled
 2. Special Defect
 1. Visual
 2. Auditor
 3. Speech

Unit : 4 Social and Emotional Development

- ~ Introduction of Social Development of Child
- ~ Meaning and Nature of Emotion
- ~ Contribution of Peer Group in Social and Emotional Development

Unit : 5 Intellectual and Language Development

- ~ Factor Affecting the Intellectual Development
- ~ Factor Hindering and Treatment Intellectual Development
- ~ Language Development
- ~ Factor Affecting of Language Development

References :

- ~ બાળ મનોવિજ્ઞાન – સી. જમનાદાસની કંપની – ઢીપક શાહ,
ડૉ. ભાલાળા, ડૉ. દઢાણીયા, ડૉ. ચોચા
- ~ Dynamics of Child Development – H. B. English
- ~ Child Development – Crow & Crow
- ~ બાળ મનોવિજ્ઞાન – ગ્રંથ નિર્માણ બોર્ડ – સી. પી. પટેલ

FACULTY OF ARTS

Syllabus

Subject: PSYCHOLOGY

Course (Paper) Name & No. 4 : Psychology of Effective Behavior

Course (Paper) Unique Code CORE 1601270101020402

Course (Paper) Unique Code ELECTIVE-1 1601270201020402

Course (Paper) Unique Code ELECTIVE-2 1601270301020402

External Exam Time Duration:

| Name of course | Semester | Core/Elective/ Allied/Practical /Project | Course/P aper code | Course/Paper Title | Credit | Internal Marks | External Marks | Total Exam Marks | External Exam Time Duration |
|----------------|----------|--|--------------------------|--|--------|-------------------|-------------------|------------------------|--------------------------------------|
| B.A. | II | Elective | ECT-04 | Psychology of Effective Behavior | 03 | 30 | 70 | 100 | |

Course Objectives:

This course should help Students:

1. To impart knowledge about the normality
2. To make students understand the nature and course of various effective behaviour conditions.
3. To impart knowledge and skills needed for psychology.
3. Learn to use Psychology and other information sources.

Course Outline :

Unit-1: Problem of Adjustment (Stress)

- ~ Introduction
- ~ Meaning of Stress
- ~ Types of Stress
- ~ Frustration
- ~ Conflict

Unit : 2 Adjustments in Marriage Life

- ~ Exception of Marriage Life
- ~ Selection of Life Partner
- ~ Marriage and Adjustment
- ~ Divorces

Unit : 3 Vocational Competences

- ~ Vocational choice as a Problem
- ~ Problem of Vocational Adjustment
- ~ Future of Vocation

Unit : 4 Emotion Competence

- ~ Factors of Emotional Competence
- ~ Dealing with Problem Emotions – Fear, Anxiety, Worry, Anger Hostility, Guilt, Depression, Grief – (in Short)
- ~ Love – A Problem Emotion

Unit : 5 Intellectual Competence

- ~ Factor of Learning Process
- ~ Creative Thinking

References :

- ~ Psychology and Effective Behaviour – J.C. Coleman
- ~ Psychology and Effective Behaviour – C. Jamnadas Co.
- ~ Psychology and Effective Behaviour – Gujarat University,
C.T. Bhopatkar
- ~ Psychology and Effective Behaviour – Bharat Institutes

FACULTY OF ARTS

Syllabus

Subject: PSYCHOLOGY

Course (Paper) Name & No. 5 : Psychopathology

Course (Paper) Unique Code CORE 1601270101030501

Course (Paper) Unique Code ELECTIVE-1 1601270201030501

Course (Paper) Unique Code ELECTIVE-2 1601270301030501

External Exam Time Duration:

| Name of course | Semester | Core/Elective/ Allied/Practical /Project | Course/P aper code | Course/Paper Title | Credit | Internal Marks | External Marks | Total Exam Marks | External Exam Time Duration |
|----------------|----------|--|--------------------------|-----------------------|--------|-------------------|-------------------|------------------------|--------------------------------------|
| S.Y.B.A. | III | Core | CCT-05 | Psycho pathology | 03 | 30 | 70 | 100 | |

Course Objectives:

This course should help Students:

1. To impart knowledge about the normality.
2. To make students understand the nature and course of various abnormal conditions.
3. To impart knowledge and skills needed for psychological assessment of different normal conditions.
4. To impart various of personal adjustments.

Course Outline :

Unit-1 : Introduction of Psychopathology

- ~ Introduction
- ~ Meaning Nature and Scope of Psychopathology
- ~ What is Abnormality ? (Meaning of Abnormal)
- ~ Characteristics of Normal – Abnormal Personality

Unit : 2 Frustration and Stress

- ~ Introduction
- ~ Meaning of Frustration
- ~ Reason and Results of Frustration
- ~ Introduction and Meaning of Stress

Unit : 3 Defiance Mechanism

- ~ Introduction of Defiance Mechanism
- ~ Definition of Defiance Mechanism
- ~ Function and Types Defiance Mechanism

Unit : 4 Neurosis

- ~ Meaning of Neurosis
- ~ Characteristic of Neurosis

Unit : 5 Types of Neurosis

- ~ Types of Neurosis
 1. Anxiety
 2. Phobia
 3. Obsessive Compulsive Reactions
 4. Dissociative Reactions
 5. Conversion Reactions
 6. Depressive Reactions

Reference :

- ~ Lamm A. Introduction to Psychopathology, Page Pub. N.Y. 1997
- ~ Buss A.H. Psychopathology, John Willey N.Y. 1999
- ~ Lehner & Kube, Dynamics of Personal Adjustment, Prentice Hall 1996
- ~ Sorenson H. and Malm M. "Psychology for Living" N. Y. Megrilo Hill 1997
- ~ Mc Kinne, Fred "Psychology of Personal Adjustment" N. Y. wila
- ~ Bernard H. "Toward Better Personal Adjustment" N. Y. Mc. Grew Hill 1957
- ~ મનરોગશાસ્ત્ર અને વૈયકિતક સમાયોજનનું મનોવિજ્ઞાન – સી. જમનાદાસ – દિવક શાહ
કુંભાણી, જમકુબેન સોજીત્રા, કગથરા, ભાલાળા, ડઢાણીયા, નસિત
- ~ The Dynamic of Personal Adjustment – Lehner & Kube
- ~ Elective – Social Psychology

FACULTY OF ARTS

Syllabus

Subject: PSYCHOLOGY

Course (Paper) Name & No. 5 : Positive Psychology

Course (Paper) Unique Code CORE 1601270101030502

Course (Paper) Unique Code ELECTIVE-1 1601270201030502

Course (Paper) Unique Code ELECTIVE-2 1601270301030502

External Exam Time Duration:

| Name of course | Semester | Core/Elective/ Allied/Practical /Project | Course/P aper code | Course/Paper Title | Credit | Internal Marks | External Marks | Total Exam Marks | External Exam Time Duration |
|----------------|----------|--|--------------------------|------------------------|--------|-------------------|-------------------|------------------------|--------------------------------------|
| S.Y.B.A. | III | Elective | ECT-05 | Positive Psychology | 03 | 30 | 70 | 100 | |

Course Objectives:

This course should help Students:

1. To impart knowledge about the normality.
2. To make students understand the nature and course of positive conditions.
3. To impart knowledge and skills needed for psychological assessment of different normal conditions.
4. To impart various of personal adjustments.

Course Outline :

Unit-1 : What is positive Psychology & its relationship

- ~ Meaning & Goals of Positive Psychology
- ~ Relation of others Psychology
- ~ Characteristics of Normal – Abnormal Personality

Unit : 2 Happiness & Well-being

- ~ What is happiness
- ~ Meaning of Happiness & Well-being

Unit : 3 Positive Emotions

- ~ What is Positive Emotions
- ~ Who do Positive Emotions in life
- ~ Positive Emotions & Health Resource

Unit : 4 Happiness & Facts of Life

- ~ Happiness Across the life span
- ~ Positive Moods & Behaviour
- ~ advantage in married life
- ~ Selection to Effects

Unit : 5 Happiness & Culture

- ~ All concept of happiness meaning
- ~ Styles of Happiness in America
- ~ Styles of Happiness in Asia

Reference :

- ~ Seven Study by Faideyck
- ~ Happiness in Married Life
- ~ વિદ્યાયક મનોવિજ્ઞાન, પાર્શ્વ પબ્લીકેશન. ડો. અરવિંદ એસ શાહ, ડો. અશ્વિન જનસારી

FACULTY OF ARTS

Syllabus

Subject: PSYCHOLOGY

Course (Paper) Name & No. 6 : Social Psychology-I

Course (Paper) Unique Code CORE 1601270101030601

Course (Paper) Unique Code ELECTIVE-1 1601270201030601

Course (Paper) Unique Code ELECTIVE-2 1601270301030601

External Exam Time Duration:

| Name of course | Semester | Core/Elective/ Allied/Practical /Project | Course/P aper code | Course/Paper Title | Credit | Internal Marks | External Marks | Total Exam Marks | External Exam Time Duration |
|----------------|----------|--|--------------------------|------------------------|--------|-------------------|-------------------|------------------------|--------------------------------------|
| S.Y.B.A. | III | Core | CCT-06 | Social Psychology-I | 03 | 30 | 70 | 100 | |

Course Objectives:

This course should help Students:

1. Appreciate how individual behaviour is influenced by Social and Cultural context
2. Understand how social behaviour can be analysed in terms of social Psychological Theories
3. Realise how social Psychological knowledge can be used in solving social problems.

Course Outline :

Unit-1 : Introduction of Method of Social Psychology

- ~ Introduction
- ~ Definition, and Nature of Social Psychology
- ~ Scope of Social Psychology
- ~ Importance of Utility of Social Psychology

Unit : 2 Method of Social Psychology

- ~ Interview Method
- ~ Filed study Method
- ~ Sociometrist Method

Unit : 3 Socialization

- ~ Introduction
- ~ Definition of Socialization
- ~ Process of Socialization
- ~ Mediators (Tools) of Socialization

Unit : 4 Social Interactions

- ~ Meaning and Types of Social Interaction
- ~ Assisting (Mechanisms) of Social Interaction
 1. Meaning, Nature and Types of Suggestion
 2. Meaning, Nature of Types of Imitation

Unit : 5 Social Attitudes

- ~ Definition, Nature of Attitude
- ~ Formation and Change of Attitude
- ~ Measurement of Attitude

Referents Book :

- ~ સમાજલક્ષી મનોવિજ્ઞાન – સી. જમનાદાસ એન્ડ કું., દિપક શાહ, ભાલાળા, ચોચા, નંદાણીયા
- ~ Social Psychology – Soloman Asch
- ~ An outline of Social Psychology – Sheriff & Sheriff
- ~ Social Psychology – I. M. Newcomb
- ~ સમાજલક્ષી મનોવિજ્ઞાન – રાજકમલ પ્રકાશન – હંસરાજ ભાટિયા
- ~ Social Psychology – Jamnadas & Co., Dr. Bhalala, Dr. Dadhaniya, Dr. Jarsaniya
- ~ સમાજલક્ષી મનોવિજ્ઞાન – જમનાદાસની કંપની – સારડા, શાહ, ભટ્ટ, ત્રિવેદી

FACULTY OF ARTS

Syllabus

Subject: PSYCHOLOGY
Course (Paper) Name & No. 6 : Applied Psychology

Course (Paper) Unique Code CORE 1601270101030602
 Course (Paper) Unique Code ELECTIVE-1 1601270201030602
 Course (Paper) Unique Code ELECTIVE-2 1601270301030602

External Exam Time Duration:

| Name of course | Semester | Core/Elective/ Allied/Practical /Project | Course/P aper code | Course/Paper Title | Credit | Internal Marks | External Marks | Total Exam Marks | External Exam Time Duration |
|----------------|----------|--|--------------------------|-----------------------|--------|-------------------|-------------------|------------------------|--------------------------------------|
| S.Y.B.A. | III | Elective | ECT-06 | Applied Psychology | 03 | 30 | 70 | 100 | |

Course Objectives:

This course should help Students:

1. Appreciate how individual behaviour is influenced by applied and cultural context.
2. Understanding how to applied behaviour can be analysed in terms of applied Psychological Theories
3. Realise how applied Psychology knowledge can be used solved social problems.
4. Learn to use Psychology and other information sources.

Course Outline :

Unit-1 : Introduction to applied Psychology

~ Definition, Nature of applied Psychology

Unit : 2 Treatment & Psychology

~ Diagnosis & Treatment

~ Psychotherapy, Physical & Chemical Treatment, the Steps

~ For the prevent of Mental Disease

Unit : 3 Psychology in Industry

~ Occupational Analysis & Worker Selection

~ Placement, effective condition of work, Human relation in Industry

Unit : 4 Psychology in the field of Business

~ Business & Psychology, Relation between Businessman & Employee

~ Need of Public Contact, Effectiveness of Advertisement & Use of Psychology in Advertisement

Unit : 5 Psychosexual in Home Life

~ Nature and Function of Family problem & Function of Modern Home

~ Home life and Social Heredity, The Home Transient, Fundamental need of a Chilled.

Reference

- ~ Gray F Stanly : Psychology in use Second Ed.
- ~ Morgan C.T. : Introduction to Psychology
- ~ Dr. Stone & Stone Married Psychology
- ~ Atwater : Psychology for Living Adjustment and Behavior
Fifth Ed. 1995 Prentice Hall of India Pvt. Ltd., Delhi
- ~ Somabhai Patel : Salah Mnovigyan, University
Granth Nirman Board

FACULTY OF ARTS

Syllabus

Subject: PSYCHOLOGY
Course (Paper) Name & No. 7 : System and Theories of Psychology-I

Course (Paper) Unique Code CORE 1601270101030700

External Exam Time Duration:

| Name of course | Semester | Core/Elective/ Allied/Practical /Project | Course/P aper code | Course/Paper Title | Credit | Internal Marks | External Marks | Total Exam Marks | External Exam Time Duration |
|----------------|----------|--|--------------------------|---|--------|-------------------|-------------------|------------------------|--------------------------------------|
| S.Y.B.A. | III | Core | CCT-07 | System and Theories of Psychology-I | 03 | 30 | 70 | 100 | |

Course Objectives:

This course should help Students:

1. To impart knowledge about the systems of Psychology
2. To make students understand the nature and course of various schools of psychology.

Course Outline :

Unit-1 : Introduction of School Psychology

- ~ Meaning and Characteristics of School
- ~ Reason of existence of School in Psychology
- ~ Function and Importance of School Psychology

Unit : 2 Structuralism

- ~ Introduction of Structuralism
- ~ Theory of Structuralism
- ~ Roll of Wilihem Wundt

Unit : 3 Functionalism

- ~ Functionalism
- ~ Functionalist

Unit : 4 Associationism

- ~ Meaning, Rules and Principal of Associationism
- ~ Contribution of Associationism in Psychology
- ~ Contribution of Thorndike
- ~ The basic rolls of Pavlov

Unit : 5 Behaviorism

- ~ Principal of Behaviorism
- ~ Contributions of Watson, Lesley in Behaviorism
- ~ Contributions of Gutherie, Skinner in Behaviorism

References :

- ~ Woolman B. B. : Contemporary Theories and Systems of Psychology, Harpea Publishing Co. N.Y. 1960
- ~ Theory and System, B.A. Parikh, Uni. Granth Nirman Board
- ~ Dr. B.A. Parikh : Siddhanto ane Sampradayo. Uni. Granth Nirman Board
- ~ Woodworth : Schools of Psychology
- ~ કે. ડી. પંડ્યા – મનોવિજ્ઞાન વિચારધારા ગ્રંથ નિર્માણ બોર્ડ

– સેમેસ્ટર ૩ પૂર્ણ –

FACULTY OF ARTS

Syllabus

Subject: PSYCHOLOGY
Course (Paper) Name & No. 8 : Psychology of Adjustment

Course (Paper) Unique Code CORE 1601270101040801
Course (Paper) Unique Code ELECTIVE-1 1601270201040801
Course (Paper) Unique Code ELECTIVE-2 1601270301040801

External Exam Time Duration:

| Name of course | Semester | Core/Elective/ Allied/Practical /Project | Course/P aper code | Course/Paper Title | Credit | Internal Marks | External Marks | Total Exam Marks | External Exam Time Duration |
|----------------|----------|--|--------------------------|-----------------------------|--------|-------------------|-------------------|------------------------|--------------------------------------|
| S.Y.B.A. | IV | Core | CCT-08 | Psychology of Adjustment | 03 | 30 | 70 | 100 | |

Course Objectives:

This course should help Students:

1. To impart knowledge about the normality
2. To make students understand the nature and course of various adjustment conditions
3. To impart knowledge and skills needed for psychological assessment of different adjustment conditions
4. To impart various of personal adjustments.

Course Outline :

Unit-1: Personal Adjustment

- ~ Introduction
- ~ Definition and Meaning of Adjustment
- ~ Characteristic of Adjustment
- ~ Process of Adjustment
- ~ Improvement of Adjustment

Unit : 2 Family Adjustment

- ~ Introduction
- ~ Meaning of Family
- ~ Function of Family
- ~ Family Problem
- ~ Suggestions for Family Adjustment

Unit : 3 School Adjustment

- ~ School-A New Experience
- ~ Relation between Home and School
- ~ Relation between Teacher and Student
- ~ Factor affecting in Education

Unit : 4 Vocational Adjustment

- ~ Factors Effecting of Vocation Choice
- ~ Factors Effecting of Vacation Satisfaction
- ~ Be Woman Vocation

Unit : 5 Psycho-Sexual Adjustment

- ~ Attitudes for Sexuality
- ~ Attitudes for Love
- ~ Choice of Life Partner
- ~ Why did same People no Marriage ?

References :

- ~ Lamm A. Introduction to Psychopathology, Sage Pub. N.Y. 1997
- ~ Buss A.H. Psychopathology, John Willey N.Y. 1999
- ~ Lehner & Kube, Dynamics of Personal Adjustment, Prentice Hall N.Y. 1996
- ~ Sorenson H. and Molm M. Psychology for Living Megralo Hill N. Y. 1997
- ~ Bernard H. "Toward Better Personal Adjustment NCGrew Hill N.Y. 1957
- ~ મનોરોગશાસ્ત્ર અને વૈયકિતક સમાયોજનનું મનોવિજ્ઞાન – સી. જમનાદાસ – દિપક શાહ
કુંભાણી, જમકુબેન, સોજીત્રા, કગથરા, ભાલાળા, ડઢાણીયા, નસિત
- ~ The Dynamic of Personal Adjustment – Lehner & Kube

FACULTY OF ARTS

Syllabus

Subject: PSYCHOLOGY
Course (Paper) Name & No. 8 : Community Psychology

| | | |
|----------------------------|------------|------------------|
| Course (Paper) Unique Code | CORE | 1601270101040802 |
| Course (Paper) Unique Code | ELECTIVE-1 | 1601270201040802 |
| Course (Paper) Unique Code | ELECTIVE-2 | 1601270301040802 |

External Exam Time Duration:

| Name of course | Semester | Core/Elective/ Allied/Practical /Project | Course/P aper code | Course/Paper Title | Credit | Internal Marks | External Marks | Total Exam Marks | External Exam Time Duration |
|----------------|----------|--|--------------------------|-------------------------|--------|-------------------|-------------------|------------------------|--------------------------------------|
| S.Y.B.A. | IV | Elective | ECT-08 | Community Psychology | 03 | 30 | 70 | 100 | |

Course Objectives:

This course should help Students:

1. To impart knowledge about the normality
2. To impart various of personal adjustments.

Course Outline :

Unit-1: Introduction to Community Psychology

- ~ Introduction
- ~ Community Psychology
- ~ A shift of perspective

~ Seven Basic Value in Community Psychology

Unit : 2 Development of Community Psychology

- ~ Development of Community Psychology
- ~ Personality Science in Psychology
- ~ Cultural perspective in Psychology
- ~ Community Psychology Emerges intyers in America
- ~ Social Change and Liberty Movement

Unit : 3 Aim of Community Research

- ~ Question for Community Research
- ~ Community Participation and collaboration in research decision

Unit : 4 Method of Community Research

- ~ Question are method
- ~ Quantitative Method

Unit : 5 Understanding Community

- ~ What is Community
- ~ Types of Community
- ~ Levels of Community
- ~ Question and issues defining of Community

References :

- ~ Delton – Elis, Wandersman – Community Psychology
- ~ Davis Drive, Bolmoant C.A. – Higher Execration
- ~ જનસમુદાય મનોવિજ્ઞાન – ડો. અરવિંદ શાહ, શ્રીમતી એ. એસ. ચૌધરી

FACULTY OF ARTS

Syllabus

Subject: PSYCHOLOGY
Course (Paper) Name & No. 9 : Social Psychology-2

Course (Paper) Unique Code CORE 1601270101040901

Course (Paper) Unique Code ELECTIVE-1 1601270201040901

Course (Paper) Unique Code ELECTIVE-2 1601270301040901

External Exam Time Duration:

| Name of course | Semester | Core/Elective/ Allied/Practical /Project | Course/P aper code | Course/Paper Title | Credit | Internal Marks | External Marks | Total Exam Marks | External Exam Time Duration |
|----------------|----------|--|--------------------------|------------------------|--------|-------------------|-------------------|------------------------|--------------------------------------|
| S.Y.B.A. | IV | Core | CCT-09 | Social Psychology-2 | 03 | 30 | 70 | 100 | |

Course Objectives:

This course should help Students:

1. Appreciate how individual behaviour is influenced by Social and Cultural Context.
2. Understand how social behaviour can be analysed in terms of Social Psychological Theories
3. Realise how Social Psychological knowledge can be used in Solving Social Problems.

Course Outline :

Unit-1: Meaning, Characteristics of Prejudice

- ~ Formation of Prejudice
- ~ Results of Prejudice
- ~ Method of Reducing Prejudice

Unit : 2 Propaganda

- ~ Meaning of Propaganda
- ~ Technique of Propaganda

Unit : 3 Groups

- ~ Meaning of Group
- ~ Nature of Group
- ~ Types of Group

Unit : 4 Leadership

- ~ Meaning of Leader and Leadership
- ~ Functions of Leader
- ~ Types of Leader

Unit : 5 Collective Behaviour

- ~ Meaning of Crowd
- ~ Characteristics of Crowd
- ~ Meaning and Nature of Fashion
- ~ Why peoples accept Fashion ?
- ~ Psychology of Rumours

Referents Books :

- ~ સમાજલક્ષી મનોવિજ્ઞાન – સી. જમનાદાસ એન્ડ કું., દિપક શાહ, ભાલાળા, ચોચા, નંદાણીયા
- ~ Social Psychology – Soloman Asch
- ~ An Outline of Social Psychology – Sheriff & Sheriff
- ~ Social Psychology – I. M. Newcomb
- ~ સમાજલક્ષી મનોવિજ્ઞાન – રાજકમલ પ્રકાશન – હંસરાજ ભાટીયા
- ~ Social Psychology – Jamnadas & Co., Dr. Bhalara, Dr. Dadhaniya,
Dr. Jarsaniya
- ~ સમાજલક્ષી મનોવિજ્ઞાન – જમનાદાસની કંપની – સારડા, શાહ, ભટ્ટ, ત્રિવેદી

FACULTY OF ARTS

Syllabus

Subject: PSYCHOLOGY
Course (Paper) Name & No. 9 : Health Psychology-2

Course (Paper) Unique Code CORE 1601270101040902

Course (Paper) Unique Code ELECTIVE-1 1601270201040902

Course (Paper) Unique Code ELECTIVE-2 1601270301040902

External Exam Time Duration:

| Name of course | Semester | Core/Elective/ Allied/Practical /Project | Course/P aper code | Course/Paper Title | Credit | Internal Marks | External Marks | Total Exam Marks | External Exam Time Duration |
|----------------|----------|--|--------------------------|------------------------|--------|-------------------|-------------------|------------------------|--------------------------------------|
| S.Y.B.A. | IV | Elective | ECT-09 | Health Psychology-2 | 03 | 30 | 70 | 100 | |

Course Objectives:

This course should help Students:

1. Appreciate how individual behaviour is influenced by Health and Cultural Context.
2. Understand how social behaviour can be analysed in terms of Health Psychological Theories
3. Realise how Health Psychological knowledge can be used in Solving Health Problems.

Course Outline :

Unit-1 Introduction to Health Psychology

- ~ Introduction
- ~ Definition of Health Psychology
- ~ Definition of Health Psychology
- ~ Development of Health Psychology
- ~ Nature of Health Psychology

Unit : 2 Models of Health

- ~ Biopsychosocial Model
- ~ Biomedical Model
- ~ Psycho-cultural Model
- ~ Health Belief Model

Unit : 3 Lifestyle and Health

- ~ The Theory of Reasoned Action
- ~ Health Seeking Behavior
- ~ The Theory of Planned Behavior
- ~ Self Regulation Theory
- ~ Indian views of Health

Unit : 4 Health Promoting and Health Damaging Behavior

- ~ Promoting Behavior
- ~ Damaging Behavior

Unit : 5 Health Related Disease

- ~ Stress
- ~ Heart Disease
- ~ Diabetes

Reference :

- ~ Alams and Abrams : "Health Psychology"
La Jolla ca University, 1983
- ~ Shelley Talyor, "Health Psychology" M.C. Graw Hill,
New Delhi, 2003
- ~ Fridman : "Health Psychology" Prentice Hall, N.W. 1989
- ~ David Marks, "Health Psychology" Sage Publication, 2004
- ~ Mathur S. "Health Psychology" Vinod Publication, Agra
- ~ आरोग्यनुं मनोविज्ञान, डॉ. आर. श. परमार, आर.सी. परमार, आर. जे. सैयद

FACULTY OF ARTS

Syllabus

Subject: PSYCHOLOGY
Course (Paper) Name & No. 10 : System and Theory of Psychology-2

Course (Paper) Unique Code CORE 1601270101041000

External Exam Time Duration:

| Name of course | Semester | Core/Elective/ Allied/Practical /Project | Course/P aper code | Course/Paper Title | Credit | Internal Marks | External Marks | Total Exam Marks | External Exam Time Duration |
|----------------|----------|--|--------------------------|---|--------|-------------------|-------------------|------------------------|--------------------------------------|
| S.Y.B.A. | IV | Core | CCT-10 | System and Theory of Psychology-2 | 03 | 30 | 70 | 100 | |

Course Objectives:

This course should help Students:

1. To impart knowledge about the systems of Psychology.
2. To make students understand the nature and course of various schools of Psychology

Course Outline :

Unit-1 : Gestaltism

- ~ Meaning
- ~ Principal of Gestalt Psychology
- ~ Laws of Organization in Perception
- ~ Contribution of Wertheimer, Kohler, Koffka

Unit : 2 Filed Theory

- ~ Filed Theory and Life Space Theory
- ~ Contribution of Kurt Lewin

Unit : 3 Psycho-Analysis-I

- ~ Basic Introduction of Psycho-Analysis
- ~ Principal of Psycho-Analysis (Singmand Frued)

Unit : 4 Psycho-Analysis-II

- ~ Adler's Individual Psychology
- ~ Principals of Psycho-Analysis by Adler
- ~ Jung's Analytical Psychology
- ~ Contribution of Alder and Jung in Psychology

Unit : 5 Hormic Psychology

- ~ Introduction of Purposivism
- ~ Theory of Medougall

Reference :

- ~ Woolman B. : Contemporary Theories and Systems of Psychology
Harper Publishing Co. N. Y. 1960
- ~ Theory and System. B.A. Parikh, Uni. Granth Nirman Board
- ~ Dr. B.A. Parikh : Siddhanto and Sampradayo, Uni.
Granth Nirman Board
- ~ Woodworth – School of Psychology
- ~ કે. ડી. પંડ્યા – મનોવિજ્ઞાન વિચારધારા ગ્રંથ નિર્માણ બોર્ડ

– સેમેસ્ટર – ૪ પૂર્ણ –

FACULTY OF ARTS

Syllabus

Subject: PSYCHOLOGY
Course (Paper) Name & No. 11 : Psychological Practical (No Theory only Practical)

Course (Paper) Unique Code CORE 1601270101051100

External Exam Time Duration:

| Name of course | Semester | Core/Elective/ Allied/Practical /Project | Course/P aper code | Course/Paper Title | Credit | Internal Marks | External Marks | Total Exam Marks | External Exam Time Duration |
|----------------|----------|--|--------------------------|---|--------|-------------------|-------------------|------------------------|--------------------------------------|
| T.Y.B.A. | V | Core | CCT-11 | Psychological Practical (No Theory only Practical) | 03 | 00 | 100 | 100 | |

Course Outline :

[Any Five Practical are to performed and reported to Journal)

- ~ Make Learning (Trial and Error Learning)
- ~ Whole v/s Part Method of Learning
- ~ Concept Formation
- ~ Measurement of Illusion by Muller – Lyer of Vertical Method using the Method of average error
- ~ Judging Emotion from Photographs
- ~ Span of Attention
- ~ Immediate Memory Span
- ~ Mental Fatigue

Reference :

- ~ Experimental in Psychology by Postmam L and J.P. Eng.
Harper and Row, New York
- ~ Experimental Psychology : Woodworth, Oxford Press 1971
- ~ Prayogik Manovigyan : Dr. S.C. Kanawala, University Granth
Nirman Board
- ~ मनोवैज्ञानिक प्रयोगो – मानस प्रकाशन
- ~ मनोविज्ञानना प्रयोगो – अभिल छिन्ट प्रकाशन
- ~ प्रायोगिक मनोविज्ञान – भारत प्रकाशन
- ~ प्रगत प्रयोगिक – युनि. ग्रंथनिर्माणा बोर्ड
- प्रगत प्रयोगिक – लोपटकर

FACULTY OF ARTS

Syllabus

Subject: PSYCHOLOGY
Course (Paper) Name & No. 12 : Research Methods & Statistics – 1

Course (Paper) Unique Code CORE 1601270101051200

External Exam Time Duration:

| Name of course | Semester | Core/Elective/ Allied/Practical /Project | Course/P aper code | Course/Paper Title | Credit | Internal Marks | External Marks | Total Exam Marks | External Exam Time Duration |
|----------------|----------|--|--------------------------|---|--------|-------------------|-------------------|------------------------|--------------------------------------|
| T.Y.B.A. | V | Core | CCT-12 | Research Methods & Statistics – 1 | 03 | 30 | 70 | 100 | |

Course Objectives:

This course should help Students:

1. To impart knowledge about the Methodology of Psychology
2. To make students understand the nature and course of various Methods of Psychology

Course Outline :

Research Methods

Unit-1 : Introduction Process

- ~ Introduction
- ~ Definition of Research
- ~ Stages of Research
- ~ Usefulness of Social Research

Unit : 2 Experimental Method

- ~ Meaning of Experiment
- ~ Characteristics of Experiment
- ~ Variables and Stages
- ~ Explain Experimental Errors

Unit : 3 Survey Method

- ~ Meaning of Survey
- ~ Stage of Survey Planning
- ~ Problems of Survey Planning
- ~ Pretest and Pilot Survey

Statistics

Unit : 4 Statistics and Measurement

- ~ Meaning and Necessity of Studying the Statistics Method
- ~ Meaning of Score, Types and Types of Series (Continuous –Discrete)
- ~ Significant Digit and Approximate Value of Statistical Figures

Unit : 5 Frequency Distribution

- ~ Preparing a Frequency Distribution Table, Class, Intervals Mid Value, Limit of Class (Levels)

~ Graph Methods, Histogram, Frequency Polygon, Frequency Curve and Cumulative Frequency Curve (In Short)

Unit : 6 Measures of Central Tendency

~ What is Measure of Central Tendency

~ What is mean and Median ? Explain in Detail

~ Long Method and Short Method of Computing of mean from Grouped and Ungrouped data

~ Computing of Median from Grouped and Ungrouped data

~ Uses of Mean and Median

Reference :

~ Seltiz Jahoda, Deutch, Coole "Research Methods in Behavioral Science", New York, 1953

~ Festinger and Katz : "Research Methods in Behavioral Science" New York, Rinehart and Winstone

~ Kerlinger F.N. : "Foundation of Behavioral Research" 5th Editions
2000, Delhi

~ Kothari C.R. : "Research Methodology" 2nd Edition, New Delhi, Wishwa Prakashan

~ B.F. Anderson : "Experimental Psychology"

~ Goilford J.P. – Fundamental Statistics in Psychology & Education

~ Statistics in Psychology Research – By Suresh Parekh

FACULTY OF ARTS

Syllabus

Subject: PSYCHOLOGY
Course (Paper) Name & No. 13 : Physiological Psychology (Introduction)

Course (Paper) Unique Code CORE 1601270101051300

External Exam Time Duration:

| Name of course | Semester | Core/Elective/ Allied/Practical /Project | Course/P aper code | Course/Paper Title | Credit | Internal Marks | External Marks | Total Exam Marks | External Exam Time Duration |
|----------------|----------|--|--------------------------|---|--------|-------------------|-------------------|------------------------|--------------------------------------|
| T.Y.B.A. | V | Core | CCT-13 | Physiological Psychology (Introduction) | 03 | 30 | 70 | 100 | |

Course Objectives:

This course should help Students:

1. Imparting basic information regarding the fundamental Physiological basics of Behaviours
2. Getting a basic outline of Nervous System in connection with behaviour.
3. Providing basic information regarding the science of genetics.
4. Understanding proper genetic analysis of human behaviour.

Course Outline :

Unit-1 : Introduction to Physiological Psychology

- ~ Introduction of Physiological Psychology
- ~ Meaning of Physiological Psychology
- ~ Discussion of Mentally and Physical Relation
- ~ Nature & Scope of Physiological Psychology

Unit : 2 Internal Environment of Body

- ~ Introduction of Internal Environment of Body
 - ~ Metabolism ~ Ezymes ~ Vitamins ~ Hormones ~ Genes

Unit : 3 Neuron Cell

- ~ Meaning of Neuron Cell – Structure and Function
- ~ Nerve Impulse
- ~ The all or none Principle

Unit : 4 Nervous Systems

- i. Central Nervous System (CNS)
 - > Cerebellum Structure and Function
 - > Cerebrum Structure and Function
 - > Thalamus & Hypothalamus
 - > Spinal Code
- ii. Peripheral Nevers System (PNS)
 - > Somatic Nervous System
 - > Autonomic Nervous System

Unit : 5 Sensory Mechanisms

- ~ Sensory Mechanism
- ~ Motor Mechanism

Reference :

- ~ Morgan C.T. : "Physiological Psychology" 1963, M.C. Graw Hill Book Company
- ~ M.A. Wenger, "Physiological Psychology" Jones and Jones, 1976
- ~ Deutch and Deutch, "Physiological Psychology"
- ~ Carlson N.R. "Foundations of Physiological Psychology" Boston Allynand, Bacon, 1988
- ~ Thompson R.E. : "Introduction Physiological Psychology" Harper & Row Publication
- ~ KapadiyaU. "Physiological Psychology"
- ~ શારીરિક મનોવિજ્ઞાન – અનડા પ્રકાશન – કાપડીયા, ગાંધી
- ~ શરીરલક્ષી મનોવિજ્ઞાન – સી. જમનાદાસ એન્ડ કું., વ્યાસ, ગાંધી, શેઠ, પટેલ
- ~ શારીરિક મનોવિજ્ઞાન – પરિખ – ઝાલા

FACULTY OF ARTS

Syllabus

Subject: PSYCHOLOGY
Course (Paper) Name & No. 14 : Abnormal Psychology (Abnormality)

Course (Paper) Unique Code CORE 1601270101051401

External Exam Time Duration:

| Name of course | Semester | Core/Elective/ Allied/Practical /Project | Course/P aper code | Course/Paper Title | Credit | Internal Marks | External Marks | Total Exam Marks | External Exam Time Duration |
|----------------|----------|--|--------------------------|---|--------|-------------------|-------------------|------------------------|--------------------------------------|
| T.Y.B.A. | V | Core | CCT-14 | Abnormal Psychology (Abnormality) | 03 | 30 | 70 | 100 | |

Course Objectives:

This course should help Students:

1. Teaching a student the basic concept of Abnormal Behaviour.
2. To impart knowledge of Psychosomatic disorders.
3. To impart knowledge of various disorders.

Course Outline :

Unit-1 : Introduction to Abnormal Psychology

- ~ Introduction
- ~ Definition, Nature and Scope of Abnormal Psychology
- ~ Difference between Normal and Abnormal Behavior
- ~ Approaches of Abnormal Behavior

Unit : 2 Causes of Abnormal Behavior

- ~ Physical Causes
- ~ Psychological
- ~ Socio-Cultural

Unit : 3 Neuroses

- ~ Meaning of Neurosis
- ~ Causes
- ~ Types
- ~ Treatment

Unit : 4 Schizophrenia

- ~ What is Schizophrenia ?
- ~ Causes
- ~ Types
- ~ Treatment

Unit : 5 Psychosomatic Disorders

- ~ What is a Psychosomatic Disorders ?
- ~ Peptic Ulcer, Allergic, Asthma, Migraine Hypertension

Reference :

- ~ Carson, Butcher and Mineka, "Abnormal Psychology and Morden Life" 11th Ed.
- ~ Coleman J.C. "SAbnormal Psychology and Modern Life" 7th Ed. Bombay, D.B. Torporevala Sons & Co. P. Ltd.
- ~ Patel Mafatlal, "Asadharan Manovigyan" 4th Ed. University Granth, Nirman Board, Ahmdabad
- ~ અસાધારણ મનોવિજ્ઞાન – યુનિવર્સિટી ગ્રંથ નિર્માણ બોર્ડ, ડૉ. મફતલાલ પટેલ
- ~ અસાધારણ મનોવિજ્ઞાન – બી. એસ. શાહ પ્રકાશન
- ~ ચિકિત્સા મનોવિજ્ઞાન ભાગ ૧-૨, યુનિવર્સિટી ગ્રંથ નિર્માણ બોર્ડ, કુસુમબેન ભટ્ટ
- ~ વિકાસાત્મક મનોવિજ્ઞાન યુનિવર્સિટી ગ્રંથ નિર્માણ બોર્ડ, યોગેન્દ્રભાઈ કે. દેસાઈ, રાજકોટ
- ~ મક્રોટયઅ અને મનોરોગશાસ્ત્ર, સુચિતા પ્રકાશન, ડૉ. સુરેશ પારેખ, ડૉ. દિનેશ ડઢાણીયા, ડૉ. જયેન્દ્ર જાવસાણીયા

FACULTY OF ARTS

Syllabus

Subject: PSYCHOLOGY
Course (Paper) Name & No. 14 : Counseling Psychology-I

Course (Paper) Unique Code CORE 1601270101051402

External Exam Time Duration:

| Name of course | Semester | Core/Elective/ Allied/Practical /Project | Course/P aper code | Course/Paper Title | Credit | Internal Marks | External Marks | Total Exam Marks | External Exam Time Duration |
|----------------|----------|--|--------------------------|----------------------------|--------|-------------------|-------------------|------------------------|--------------------------------------|
| T.Y.B.A. | V | Elective | ECT-14 | Counseling Psychology-I | 03 | 30 | 70 | 100 | |

Course Objectives:

This course should help Students:

1. Use of Counseling Psychology
2. Goal of Counseling Psychology
3. Meaning of Professional issues
4. Education and Training in Counseling

Course Outline :

Unit-1 : Introduction to Counseling Psychology

- ~ Introduction
- ~ Meaning of Counseling Psychology
- ~ Goal of Counseling
- ~ Types of Counseling

Unit : 2 Professional Issues, Ethics

- ~ Meaning of Professional Issues
- ~ Ethics
- ~ Education and Training of Counselor

Unit : 3 Need of Counseling

- ~ Problem of Indian Students in Counseling
- ~ Characteristics of Counselor

Unit : 4 Counseling Relationship

- ~ What is Counseling Relationship ?
- ~ Characteristics of Counseling Relationship
- ~ Dimension of Counseling Relationship
- ~ Area of Counseling

Unit : 5 Counseling Interview

- ~ Meaning of Counseling Interview
- ~ Purpose and Importance of Counseling Interview
- ~ Process of Counseling Interview

Reference :

- ~ George R.I. and Cristani T.S. : "Counseling Theory and Practice Allynond Bacon, Boston, 4th Ed. 1995
- ~ Corey G. : "Theory & Practice of Counseling, W.G. Brown Pub. 1988 Ed.
- ~ Belkin, "Introduction to Counseling Psychology" Holt Rinehart, N.Y. 1994
- ~ S. Patel : "Salah Manovigyan" University Granth Nirmal Board, 3rd Ed. 2001,
- ~ Bordin E.S. Psychological Counseling

FACULTY OF ARTS

Syllabus

Subject: PSYCHOLOGY
Course (Paper) Name & No. 14 : Industrial Psychology-I

Course (Paper) Unique Code CORE 1601270101051501

External Exam Time Duration:

| Name of course | Semester | Core/Elective/ Allied/Practical /Project | Course/P aper code | Course/Paper Title | Credit | Internal Marks | External Marks | Total Exam Marks | External Exam Time Duration |
|----------------|----------|--|--------------------------|----------------------------|--------|-------------------|-------------------|------------------------|--------------------------------------|
| T.Y.B.A. | V | Core | CCT-14 | Industrial Psychology-I | 03 | 30 | 70 | 100 | |

Course Objectives:

This course should help Students:

1. Understand the basic concepts of Industrial Psychology
2. To impart knowledge of individual differences.
3. To impart knowledge of job satisfaction, Productivity, Industrial Motivation

Course Outline :

Unit-1 : Introduction to Industrial Psychology

- ~ Introduction of Industrial Psychology
- ~ Definition Nature and Scope
- ~ Important

Unit : 2 Employees Interview and Related Techniques

- ~ Employees Interview
- ~ Cash History
- ~ Application Blank (Bio-Data)
- ~ Letter of Recommendation

Unit : 3 Job Descriptions

- ~ Introduction
- ~ Job Description
- ~ Meaning of Job Analysis and Its uses
- ~ Job Analysis Methods
- ~ Importance Criteria of Job Success
- ~ Worker Analysis

Unit : 4 Meaning of Productivity

- ~ Introduction
- ~ Productivity and Fatigue
- ~ Factors affecting Productivity and Fatigue
- ~ Monotony and Boredom

Unit : 5 Work Motivation, Incentives of the Employees

- ~ Introduction
- ~ Work Motivation
- ~ What is Incentive ?
- ~ Financial and Non Financial Incentive

Reference :

- ~ Ryan T.A. and Smith P.C. : Principal of Industrial Psychology
- ~ Smith May an Introduction to Industrial Psychology
- ~ Elements of Industrial Psychology – Harrell
- ~ Mayers C.S. Industrial Psychology – Oxford University Press
- ~ B.A. Parikh – Industrial Psychology – Granth Nirman Board
- ~ Madhurika Umarvadiya – Industrial Psychology – Granth Nirman Board
- ~ ઔદ્યોગિક મનોવિજ્ઞાન – પોપ્યુલર પ્રકાશન
- ~ ઔદ્યોગિક મનોવિજ્ઞાન – વિરલ પ્રકાશન

FACULTY OF ARTS

Syllabus

Subject: PSYCHOLOGY
Course (Paper) Name & No. 15 : Psychological Essays-1

Course (Paper) Unique Code CORE 1601270101051502

External Exam Time Duration:

| Name of course | Semester | Core/Elective/ Allied/Practical /Project | Course/P aper code | Course/Paper Title | Credit | Internal Marks | External Marks | Total Exam Marks | External Exam Time Duration |
|----------------|----------|--|--------------------------|---------------------------|--------|-------------------|-------------------|------------------------|--------------------------------------|
| T.Y.B.A. | V | Elective | ECT-15 | Psychological Essays-1 | 03 | 30 | 70 | 100 | |

Course Outline : [ANY TWO]

1. Leadership
2. Psychology of Advertisement
3. Hypnotism
4. Stress
5. Theory of Dream

Reference :

- ~ B. Kuppaswamy : "Social Psychology Challenge"
- ~ મનોવૈજ્ઞાનિક નિબંધો : સી. જમનાદાસની કંપની – શેઠ, પાઠક, ગાંધી, પટેલ, રાજપુત, શાહ

FACULTY OF ARTS

Syllabus

Subject: PSYCHOLOGY
Course (Paper) Name & No. 16 : Educational Psychology-I

Course (Paper) Unique Code CORE 1601270101051601

External Exam Time Duration:

| Name of course | Semester | Core/Elective/ Allied/Practical /Project | Course/P aper code | Course/Paper Title | Credit | Internal Marks | External Marks | Total Exam Marks | External Exam Time Duration |
|----------------|----------|--|--------------------------|-----------------------------|--------|-------------------|-------------------|------------------------|--------------------------------------|
| T.Y.B.A. | V | Core | CCT-16 | Educational Psychology-I | 03 | 30 | 70 | 100 | |

Course Objectives:

This course should help Students:

1. Understanding the application of Psychological principles in the process of education
2. Develop skills of analysis and synthesis of theoretical approaches to education
3. Critically evaluate various applications of psychology in educational settings.

Course Outline :

Unit-1: Introduction

- ~ Definition of Educational Psychology
- ~ Nature and Scope of Educational Psychology
- ~ Importance of Educational Psychology

Unit : 2 Teaching and Teacher

- ~ What is Teaching ?
- ~ Teacher and the Learning Progress
- ~ Teacher Qualification and his Task

Unit : 3 Educational Significance

- ~ Educational Significance (Impotent) of Physical Growth and Development
- ~ Educational Significance (Impotent) of Mental and Social growth and Development

Unit : 4 Educational Motivations, Attitudes, Interest

- ~ Role of Motivation in Education
- ~ Attitudes of Education
- ~ Interest of Education

Unit : 5 Study Methods

- ~ Effective Factors of Study
- ~ Effective and Efficient Study Method

Reference :

- ~ Psychological Foundations of Education – Bigge & Hunt – Haper International Student Reprint.
- ~ Psychology & Teaching – 2nd Ed. Morse & Wingo D.B. Taraporwala
- ~ Elements of Educational Psychology – Skinner – Asian Student Edition Asia Publishing House Bombay
- ~ Educational Psychology Lee. J. Cronback Ruport – Hear – Davis 3 Upper James Street.
- ~ Educational Psycho & Guidance – Bhatia & Safaree – Dhanpatri & Sons, Lullunder, Delhi
- ~ Advance Educational Psychology, C. Edited – B. K. Kuppeeswamy, University Publishers, Delhi-6.
- ~ Educational Psychology – Shah Pandya – Granth Nirman Board, Ahmedabad
- ~ Introduction of Educational Psychology : Dr. B. A. Parikh, Popular Prakashan, Surat
- ~ Outline of Educational Psychology Crow little field Admas & Co., Patterson, New Jersey.

FACULTY OF ARTS

Syllabus

Subject: PSYCHOLOGY
Course (Paper) Name & No. 16 : Psychology of Married Life

Course (Paper) Unique Code CORE 1601270101051602

External Exam Time Duration:

| Name of course | Semester | Core/Elective/ Allied/Practical /Project | Course/P aper code | Course/Paper Title | Credit | Internal Marks | External Marks | Total Exam Marks | External Exam Time Duration |
|----------------|----------|--|--------------------------|-------------------------------|--------|-------------------|-------------------|------------------------|--------------------------------------|
| T.Y.B.A. | V | Elective | ECT-16 | Psychology of Married Life | 03 | 30 | 70 | 100 | |

Course Objectives:

This course should help Students:

1. Understand the rationale, strengths and limitations of the experimental method of Gaining knowledge about mental and behavioral processes; learn how to do experimental and non-experimental studies.
2. Know how to use the various methods used in experimental psychology, including those for humans, both instrument and non-instrument based.
3. Learn to use Psychology and other information sources.
- 4.

Course Outline :

Unit-1 : Introduction to Psychology of Married Life

- ~ Introduction to Psychology of Married Life
- ~ Meaning
- ~ Purpose of Marriage
- ~ Maturity of Marriage

Unit : 2 Fitness of Human Marriage

- ~ Introduction
- ~ Types of Fitness for Marriage
- ~ Processing System of Heredity
- ~ Venereal Disease

Unit : 3 Gender Roles

- ~ Introduction
- ~ Development of Role Concept
- ~ Gender Role and Stereo type Attitude

Unit : 4 Marital Problems

- ~ Marital Conflict
- ~ Causes of Marital Conflict
- ~ Divorce
- ~ Suggestions for Marital Success

Unit : 5 Adjustment in Marriage

- ~ Adjustment in Marriage
- ~ Important of Love in Marriage
- ~ Love as an appraisal of Arousal

~ Acceptance Behavior

Reference :

~ Jeffery, Spencer : "Human Sexuality in World of Diversity" Allayn Becon, 1993

~ Janet, Hyde, "Understanding Human Sexuality" McGraw Hill Book Co. 4th Ed. 1990

~ Dr. Stone : "Marriage Manual" 5th Ed.

~ Dr. Madhusudan Baxi : "જાતિયતા અને દામ્પત્ય જીવનનું મનોવિજ્ઞાન"

Viral Publ. Ahmedabad

~~~~ T.Y.B.A. – Sem. 5 અભ્યાસક્રમ પૂર્ણ ~~~~

# FACULTY OF ARTS

## Syllabus

Subject: PSYCHOLOGY  
Course (Paper) Name & No. 17 : Experimental Psychology (No Theory only Practical)

Course (Paper) Unique Code CORE 1601270101061700

External Exam Time Duration:

| Name of course | Semester | Core/Elective/<br>Allied/Practical<br>/Project | Course/P<br>aper<br>code | Course/Paper<br>Title                                       | Credit | Internal<br>Marks | External<br>Marks | Total<br>Exam<br>Marks | External<br>Exam<br>Time<br>Duration |
|----------------|----------|------------------------------------------------|--------------------------|-------------------------------------------------------------|--------|-------------------|-------------------|------------------------|--------------------------------------|
| T.Y.B.A.       | VI       | Core                                           | CCT-17                   | Experimental<br>Psychology (No<br>Theory only<br>Practical) | 03     | 00                | 100               | 100                    |                                      |

Course Outline : [Any Five Practical are to performed and reported to Journal)

- ~ Division of Attention
- ~ Studies of Suggestion through Progressive Weight Methods
- ~ Meaningfulness and Learning
  - ~ Problem Solving
  - ~ Mirror - Drawing
  - ~ Compression of Control and Free Association
  - ~ Fluctuations of Attention
  - ~ Comparative study of the Method of Rank order and paired Comparison though  
Color Preference

Reference :

- ~ Experimental in Psychology by Postman I. and J. P. Egn., Harper and Row, New York
- ~ Experimental Psychology : Woodworth, Oxford Press 1971
- ~ Prayogik Manovigyan : Dr. S.C. Kanawala, University Granth Nirman Board
- ~ Experimental Psychology : Dr. I.D. Gujarati
- ~ મનોવિજ્ઞાનિક પ્રયોગો - માનસ પ્રકાશન
- ~ મનોવિજ્ઞાનના પ્રયોગ - અખિલ હિન્દ પ્રકાશન
- ~ પ્રગત પ્રયોગિક - યુનિ. ગ્રંથનિર્માણ બોર્ડ
- ~ પ્રગત પ્રયોગિક - ભોપટકર

# FACULTY OF ARTS

## Syllabus

Subject: PSYCHOLOGY  
Course (Paper) Name & No. 18 : Research Methods & Statistics - II

Course (Paper) Unique Code CORE 1601270101061800

External Exam Time Duration:

| Name of course | Semester | Core/Elective/<br>Allied/Practical<br>/Project | Course/P<br>aper<br>code | Course/Paper<br>Title                    | Credit | Internal<br>Marks | External<br>Marks | Total<br>Exam<br>Marks | External<br>Exam<br>Time<br>Duration |
|----------------|----------|------------------------------------------------|--------------------------|------------------------------------------|--------|-------------------|-------------------|------------------------|--------------------------------------|
| T.Y.B.A.       | VI       | Core                                           | CCT-18                   | Research<br>Methods &<br>Statistics - II | 03     | 30                | 70                | 100                    |                                      |

### Course Objectives:

This course should help Students:

1. To impart knowledge about the Methodology of Psychology
2. To make students understand the nature and course of various Methods of Psychology

Course Outline :

Unit-1 : Sampling Method

- ~ Introduction
- ~ Meaning of Universe and Sample
- ~ Sampling Methods

Unit : 2 Questionnaire Method

- ~ Meaning of Questionnaire
- ~ Foundation of Questionnaire
- ~ Subject Matter of Question
- ~ Impotent of Words in Question
- ~ Limitations and Benefit of Questionnaire

Unit : 3 Interview Method

- ~ Meaning of Interview
- ~ Types of Interview
- ~ Work of Interviewer Officer

Unit : 4 A Measures of Dispersion

- ~ Calculation of Quartile
- ~ Explain the Quartile Deviation and Standard Deviation
- ~ Calculation of Quartile Deviation
- ~ Long and Short Methods of Calculating S.D. From Grouped and Ungrouped Data
- ~ Utility of Quartile Deviation and Standard Deviation

Unit : 5 Correlations

- ~ What is Correlation ? Interpretation of Coefficient of Correlation
- ~ Rank Correlation

## Unit-6 : T-test

- ~ Null Hypothesis and Significance Level
- ~ Testing of Significance (When mean is not Correlated and Large Sample) by SEM Methods (Only one Method)

~ T-test સાર્થકતાની ચકાસણી (જ્યારે નિદર્શ મોટો (૨૦ થી મોટો) હોય અને મધ્યક અસહસંબંધિત હોય) મધ્યક અને પ્રમાણ વિચલન પરથી (ફક્ત એક જ પદ્ધતિ)

નોંધ : T-test સંશોધન કર્યા પછી ગણતરી કરવામાં ઉપયોગી હોવાથી તેની સમજૂતિ આપવી.

જેમના માટે સૂત્ર નીચે પ્રમાણે છે.

૧. શૂન્ય અટકળ બાંધવી.
૨. પ્રમાણ ભૂલનું સૂત્ર :

$$\delta Dm = \sqrt{\frac{\delta^2 1}{N_1} + \frac{\delta^2 2}{N_2}}$$

૩. t - સૂત્ર :-

$$t = \frac{M1 - M2}{\delta Dm}$$

નોંધ : જે મધ્યક મોટી હોય તેમાંથી નાનો મધ્યક બાદ કરી ' t ' શોધો.

૪. સ્વાતંત્ર્યની માત્રા માટેનું સૂત્ર :

$$df = N1 + N2 - 2$$

૫. નિરાકરણ :

૧. " t " ની શોધેલી કિંમત કોષ્ટકની કિંમત કરતાં મોટી હોય તો બે મધ્યક વચ્ચેનો તફાવત સાર્થક ગણાય અને શૂન્ય અટકળ અસ્વીકાર્ય બને.
૨. પણ જો " t " ની શોધેલી કિંમત કોષ્ટકની કિંમત કરતા નાની હોય તો બે મધ્યક વચ્ચેનો તફાવત અસાર્થક ગણાય અને શૂન્ય અટકળ સ્વીકાર્ય બને.

Reference :

- ~ Fundamental Statistics in Psychology and Education By Guilford P.
- ~ Statistics in Psychology Research – By Suresh Parekh
- ~ Method of Experimental Psychology – By Zimmy G. N.
- ~ Seltiz Jahoda, Deutch, Cook : "Research Methods in Behavioral Science" \, New York, 1953
- ~ Festinger and Katz : "Research Methods in Behavioral Science"
- ~ Kerlinger F. N. : "Foundation of Behavioral Research" 5<sup>th</sup> Edition 2000, Delhi
- ~ Kothari C.R. : "Research Methodology" 2<sup>nd</sup> Edition New Delhi, Wishwa Prakashan
- ~ B.F. Anderson : "Experimental Psychology"



# FACULTY OF ARTS

## Syllabus

Subject: PSYCHOLOGY  
Course (Paper) Name & No. 19 : Physiological Bases of Behaviours

Course (Paper) Unique Code CORE 1601270101061900

External Exam Time Duration:

| Name of course | Semester | Core/Elective/<br>Allied/Practical<br>/Project | Course/P<br>aper<br>code | Course/Paper<br>Title                   | Credit | Internal<br>Marks | External<br>Marks | Total<br>Exam<br>Marks | External<br>Exam<br>Time<br>Duration |
|----------------|----------|------------------------------------------------|--------------------------|-----------------------------------------|--------|-------------------|-------------------|------------------------|--------------------------------------|
| T.Y.B.A.       | VI       | Core                                           | CCT-19                   | Physiological<br>Bases of<br>Behaviours | 03     | 30                | 70                | 100                    |                                      |

### Course Objectives:

This course should help Students:

1. Imparting basic information regarding the fundamental Physiological basics of Behaviours
2. Getting a basic outline of Nervous System in connection with behaviour.
3. Providing basic information regarding the science of genetics.
4. Understanding proper genetic analysis of human behaviour.

Course Outline :

Unit-1 : Physical bases of Perception

- ~ Introduction
- ~ Visual Perception
- ~ Auditory Perception
- ~ Test and Small Perception
- ~ Skin Perception

Unit : 2 Physical bases of Motivation

- ~ Introduction
- ~ Hunger Motivation
- ~ Thrust Motivation
- ~ Rest and Sleep Motivation (In Short)
- ~ Sexual Motivation (In Short)

Unit : 3 Physical bases of Emotion

- ~ Introduction
- ~ Meaning of Emotion
- ~ Emotion and Autonomic Nervous System
- ~ Lie Detector

Unit : 4 Physical bases of Adoptive Behaviour

- ~ Physical bases of Learning
- ~ Physical bases of Memory
- ~ Physical bases of Thinking

Unit : 5 Physical bases of Personality

- ~ Intelligence
- ~ Feeble and Mindedness
- ~ Improving Intelligence
- ~ Drug and Personality
- ~ Psychosomatic and Psychotherapeutic Medicines

Reference :

- ~ Morgan C.T. : "Physiological Psychology" 1963, M. C. Graw Hill Book Company
- ~ M.A. Wenger, "Physiological Psychology" Jones and Jones, 1976
- ~ Deutch and Deutch, "Physiological Psychology"
- ~ Carlson N.R. "Foundations of Physiological Psychology" Boston Allyand, Bacon, 1988
- ~ Thomppson R.E. "Introduction Physiological Psychology" Harper & Row Publication.
- ~ Kapadiya U. "Physiological Psychology"
- ~ શરીરલક્ષી મનોવિજ્ઞાન – સી. જમનાદાસની કંપની, શાહ પટેલ, ભાલાળા, પાઠક, ભટ્ટ

# FACULTY OF ARTS

## Syllabus

Subject: PSYCHOLOGY  
Course (Paper) Name & No. 20 : Abnormal Psychology (Therapies)

Course (Paper) Unique Code CORE 1601270101062001

External Exam Time Duration:

| Name of course | Semester | Core/Elective/<br>Allied/Practical<br>/Project | Course/P<br>aper<br>code | Course/Paper<br>Title                 | Credit | Internal<br>Marks | External<br>Marks | Total<br>Exam<br>Marks | External<br>Exam<br>Time<br>Duration |
|----------------|----------|------------------------------------------------|--------------------------|---------------------------------------|--------|-------------------|-------------------|------------------------|--------------------------------------|
| T.Y.B.A.       | VI       | Core                                           | CCT-20                   | Abnormal<br>Psychology<br>(Therapies) | 03     | 30                | 70                | 100                    |                                      |

### Course Objectives:

This course should help Students:

1. Teaching a student the basic concept of Abnormal Behaviour.
2. To impart knowledge of Psychosomatic disorders.
3. To impart knowledge of various disorders.

Course Outline :

Unit-1 : Introduction of Clinical Diagnosis

- ~ Introduction of Clinical Diagnosis
- ~ Types of Clinical Diagnosis
- ~ Important of Clinical Diagnosis

Unit : 2 Psychotherapy

- ~ Introduction
- ~ Meaning Goal of Psychotherapy
- ~ Methods of Psychotherapy

1. Karl Rogers
2. Froude
3. Allis

Unit : 3 Physical Therapy

- ~ Introduction Meaning
- ~ Convulsive Therapy
  1. Insulin Coma Therapy
  2. Electroconvulsive Shock Therapy
- ~ Pharmacy Therapy
- ~ Neurosurgery

Unit : 4 Mental Health

- ~ Meaning of Mental Health
- ~ Characteristics of Healthy Person
- ~ Rules of Mental Health

Unit : 5 Indian Treatment Therapy

- ~ Meditation
- ~ Yoga
- ~ Water Therapy

Reference :

- ~ Carson, Batcher and Mineka, "Abnormal Psychology and Modern Life" 11<sup>th</sup> Ed.
- ~ Coleman J.C. "Abnormal Psychology and Modern Life" 7<sup>th</sup> Ed. Bombay, D.B. Torporevala Sons & Co. P. Ltd.
- ~ Patel Mafatlal, "Asadharan Manovigyan" 4<sup>th</sup> Ed. University Granth Nirman Board, Ahmedabad
- ~ અસાધારણ મનોવિજ્ઞાન – યુનિવર્સિટી ગ્રંથ નિર્માણ બોર્ડ, ડૉ. મફતલાલ પટેલ
- ~ અસાધારણ મનોવિજ્ઞાન – બી. એસ. શાહ પ્રકાશન
- ~ ચિકિત્સા મનોવિજ્ઞાન ભાગ ૧-૨ યુનિવર્સિટી ગ્રંથ નિર્માણ બોર્ડ – કુસુમબેન ભટ્ટ
- ~ વિકાસાત્મક મનોવિજ્ઞાન યુનિવર્સિટી ગ્રંથ નિર્માણ બોર્ડ – યોગેન્દ્રભાઈ કે. દેસાઈ, રાજકોટ
- ~ મક્રોડાયઅ અને મનોરોગશાસ્ત્ર, સુચિતા પ્રકાશન – ડૉ. સુરેશ પારેખ, ડૉ. દિનેશ ડઢાણીયા,  
ડૉ. જયેન્દ્ર જાસ્વાણીયા

# FACULTY OF ARTS

## Syllabus

Subject: PSYCHOLOGY  
Course (Paper) Name & No. 20 : Counseling Psychology - II

Course (Paper) Unique Code CORE 1601270101062002

External Exam Time Duration:

| Name of course | Semester | Core/Elective/<br>Allied/Practical<br>/Project | Course/P<br>aper<br>code | Course/Paper<br>Title         | Credit | Internal<br>Marks | External<br>Marks | Total<br>Exam<br>Marks | External<br>Exam<br>Time<br>Duration |
|----------------|----------|------------------------------------------------|--------------------------|-------------------------------|--------|-------------------|-------------------|------------------------|--------------------------------------|
| T.Y.B.A.       | VI       | Elective                                       | ECT-20                   | Counseling<br>Psychology - II | 03     | 30                | 70                | 100                    |                                      |

### Course Objectives:

This course should help Students:

1. Familiarizes students with nature and process of counselling
2. Know the major theories and techniques and exposes students to the different field of application of counselling

Course Outline :

Unit-1 : Approaches of Counseling

- ~ Psychoanalysis
- ~ Self Approach
- ~ Behavioral Approaches

Unit : 2 Counseling Process

- ~ Meaning of Counseling Process
- ~ Stage of Counseling Process
- ~ Effective variable of Counseling Process

Unit : 3 Indian Contributions in Counseling

- ~ Indian Contribution in Counseling
- ~ Yoga
- ~ Mediation

Unit : 4 Child Counseling

- ~ Family Counseling
- ~ Counseling in Schools
- ~ Career Counseling

Unit : 5 Alcohol and Drug Abuse

- ~ Alcohol and Drug Abuse
- ~ Group Counseling
- ~ Crisis Intervention Counseling

Reference :

- ~ George R. L. and Cristani T.S. : Counseling Theory and Practice Allynond Bacon, Boston, 4<sup>th</sup> Ed. 1995
- ~ Corey G. : Theory & Practice of Counseling, W.G. Brown Pub. 1988 Ed.
- ~ Belkin, "Introduction to Counseling Psychology" Holt Rinehart, N.Y. 1994
- ~ S. Patel : "Salah Manovigyan" University Granth Nirman Board, 3<sup>rd</sup> Edition 2001

# FACULTY OF ARTS

## Syllabus

Subject: PSYCHOLOGY  
Course (Paper) Name & No. 21 : Industrial Psychology - II

Course (Paper) Unique Code CORE 1601270101062101

External Exam Time Duration:

| Name of course | Semester | Core/Elective/<br>Allied/Practical<br>/Project | Course/P<br>aper<br>code | Course/Paper<br>Title         | Credit | Internal<br>Marks | External<br>Marks | Total<br>Exam<br>Marks | External<br>Exam<br>Time<br>Duration |
|----------------|----------|------------------------------------------------|--------------------------|-------------------------------|--------|-------------------|-------------------|------------------------|--------------------------------------|
| T.Y.B.A.       | VI       | Core                                           | CCT-21                   | Industrial<br>Psychology - II | 03     | 30                | 70                | 100                    |                                      |

### Course Objectives:

This course should help Students:

1. Understand the basic concepts of Industrial Psychology
2. To impart knowledge of individual differences.
3. To impart knowledge of job satisfaction, Productivity, Industrial Motivation

Course Outline :

Unit-1 : Individual Differences

- ~ Meaning of Individual Differences
- ~ Nature
- ~ Importance in Industrial Sector
- ~ Effect of Training of Individual Differences

Unit : 2 Psychological Test

- ~ Mining and Definition of Psychological Test
- ~ Nature of Standard Psychological Test
- ~ Utility of Psychological Test Industrial Field

Unit : 3 Utility and Psychological Test

- ~ Aptitude and Achievement Test and its Utility
- ~ Personality and Interest Test and its Utility

Unit : 4 Job Satisfaction

- ~ Introduction
- ~ Factor affecting of Job Satisfaction
- ~ Industrial Moral
- ~ How to boost up Moral of the Workers ?

Unit : 5 Accidents

- ~ Introduction
- ~ Nature and Causes of Accident
- ~ What is Accident Proneness ?
- ~ Factors Affecting Accident Proneness
- ~ Prevention – Reduction of Accidents

Reference :

- ~ Robbins. S.P. (2000). Organization Behavior, Concepts Controversies and Applications VII Edition, New Delhi Prentice Hall of India
- ~ Pfeffer, J. (1993). Competitive advantage through people, Unleashing the Power of Work Force. Boston Harvard Business School Press
- ~ Dunnette M.D. & Hough, J.M. (1992). Handbook of Industrial and Alternatively, Generational Psychology, (2<sup>nd</sup> Edition) Palo Alto : Consulting Psychology Press
- ~ Cummings, I.I. & Staw, B.M. (ads.) (1999). Research in Organizational Behavior, Greenwich CT; JAI Press



# FACULTY OF ARTS

## Syllabus

Subject: PSYCHOLOGY  
Course (Paper) Name & No. 21 : Psychological Essays-II

Course (Paper) Unique Code CORE 1601270101062102

External Exam Time Duration:

| Name of course | Semester | Core/Elective/<br>Allied/Practical<br>/Project | Course/P<br>aper<br>code | Course/Paper<br>Title      | Credit | Internal<br>Marks | External<br>Marks | Total<br>Exam<br>Marks | External<br>Exam<br>Time<br>Duration |
|----------------|----------|------------------------------------------------|--------------------------|----------------------------|--------|-------------------|-------------------|------------------------|--------------------------------------|
| T.Y.B.A.       | VI       | Elective                                       | ECT-21                   | Psychological<br>Essays-II | 03     | 30                | 70                | 100                    |                                      |

Course Outline : [ANY TWO]

1. Propaganda
2. Memory
3. Mental Health
4. Sexual Disorder
5. Personality

Reference :

- ~ B. Kuppaswamy : "Social Psychology Challenge"
- ~ મનોવૈજ્ઞાનિક નિબંધો : સી. જમનાદાસની કંપની – શેઠ, પાઠક, ગાંધી, પાઠક, રાજપુત, શાહ

# FACULTY OF ARTS

## Syllabus

Subject: PSYCHOLOGY  
Course (Paper) Name & No. 22 : Educational Psychology - II

Course (Paper) Unique Code CORE 1601270101062201

External Exam Time Duration:

| Name of course | Semester | Core/Elective/<br>Allied/Practical<br>/Project | Course/P<br>aper<br>code | Course/Paper<br>Title          | Credit | Internal<br>Marks | External<br>Marks | Total<br>Exam<br>Marks | External<br>Exam<br>Time<br>Duration |
|----------------|----------|------------------------------------------------|--------------------------|--------------------------------|--------|-------------------|-------------------|------------------------|--------------------------------------|
| T.Y.B.A.       | VI       | Core                                           | CCT-22                   | Educational<br>Psychology - II | 03     | 30                | 70                | 100                    |                                      |

### Course Objectives:

This course should help Students:

1. Understanding the application of Psychological principles in the process of education
2. Develop skills of analysis and synthesis of theoretical approaches to education
3. Critically evaluate various applications of psychology in educational settings.

Course Outline :

Unit-1 : Transfer of Training

- ~ Meaning of Transfer of Training
- ~ Experimental Studies of Transfer of Training
- ~ Theory of Transfer of Training
- ~ Important of Transfer of Training

Unit-2 : Individual Differences

- ~ What is Individual Difference ?
- ~ Nature of Individual Differences
- ~ Individual Difference and their Educational Significance
- ~ Teacher's Roll among Individual Differences

Unit-3 : Character Developments

- ~ Definition of Character ?
- ~ Importance of Character in Education
- ~ Roll of Family and School in Character Development

Unit-4 : Learning and Discipline & Creative Thinking

- ~ Learning and Discipline
- ~ Discipline – Meaning Nature
- ~ Discipline Problems in Class Teaching, Its Formatting
- ~ Creative Thinking – Meaning, Stapes

Unit-5 : Mental Health, Guidance and Educational Evaluation

- ~ Definition of Mental Health
- ~ Mental Health of Students and Teacher
- ~ Meaning, Nature and Importance of Guidance
- ~ Tools and Theory of Guidance
- ~ Techniques and Limitation of Educational Evolution

Reference :

- ~ Psychological Foundations of Education – Bigge & Hunt – Haper International Student Reprint.
- ~ Psychology & Teaching – 2<sup>nd</sup> Ed. Morse & Wingo D. B. Taraporwala
- ~ Elements of Educational Psychology – Skinner – Asian Student Edition Asia Publishing House – Bombay
- ~ Educational Psychology – Lee. J. Cronback Ruport – Hear – Davis 3 Upper James Street.
- ~ Educational Psycho & Guidance – Bhatia & Safaree – Dhanpatrai & Sons, Lullunder, Delhi
- ~ Advance Educational Psychology, C. Edited – B. K. Kuppeeswamy, University Publishers, Delhi-6.
- ~ Educational Psychology – Shah Pandya – Granth Nirman Board, Ahmedabad
- ~ Introduction of Educational Psychology : Dr. B. A. Parikh, Popular Prakashan, Surat.
- ~ Outline of Educational Psychology Crow Little Field Admas & Co. Patterson, New Jersey.

# FACULTY OF ARTS

## Syllabus

Subject: PSYCHOLOGY  
Course (Paper) Name & No. 22 : Psychology of Sexual Behavior

Course (Paper) Unique Code CORE 1601270101062202

External Exam Time Duration:

| Name of course | Semester | Core/Elective/<br>Allied/Practical<br>/Project | Course/P<br>aper<br>code | Course/Paper<br>Title            | Credit | Internal<br>Marks | External<br>Marks | Total<br>Exam<br>Marks | External<br>Exam<br>Time<br>Duration |
|----------------|----------|------------------------------------------------|--------------------------|----------------------------------|--------|-------------------|-------------------|------------------------|--------------------------------------|
| T.Y.B.A.       | VI       | Elective                                       | ECT-22                   | Psychology of<br>Sexual Behavior | 03     | 30                | 70                | 100                    |                                      |

Course Outline :

Unit-1 : Introduction to Sexuality

- ~ Introduction
- ~ Human Sexuality
- ~ Education of Human Sexuality
- ~ Need for Education in Human Sexuality
- ~ Sexual Relations

Unit-2 : Male Sex Organs

- ~ Introduction
- ~ Structure and Function
  - ~ External      ~ Internal
- ~ Structure of Seminal
- ~ Male Sex Hormones

Unit – 3 Female Function

- ~ Structure and Function
  - ~ External      ~ Internal
- ~ Ovulation and Menstruation
- ~ Female Sex Hormones

Unit – 4 Art of Sex

- ~ Introduction
- ~ Coital Process
- ~ The Defloration
- ~ Foreplay
- ~ Orgasm
- ~ Coital Positions

## Unit – 5 Deviant Sexual Behaviour

- ~ Normal Versus Deviant Sexual Behaviour
- ~ Fetishism
- ~ Transvestism
- ~ Exhibitionism
- ~ Voyeurism
- ~ Sexual Masochism and Sexual Sadism
- ~ Rape
- ~ Prostitution

### Reference :

- ~ જાતિયતાનું મનોવિજ્ઞાન, ગુજરાત ગ્રંથ નિર્માણ બોર્ડ, અમદાવાદ
- ~ Sexual Behaviour - Crow Little Field Admas & Co. Patterson, New Jersey.
- ~ Psychology of Sex – Dr. R. G. Parmar, 2016